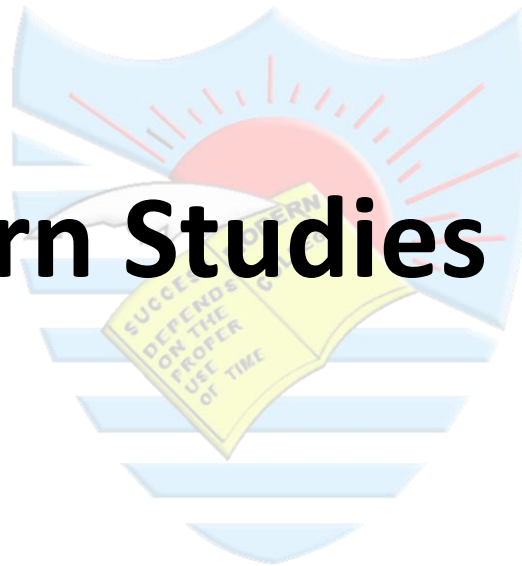


## Plan of Work

# Social & Modern Studies

## Grade 7

For examination in 2025



**HoD:** Mrs RAMBURUN AUJGOBEE Swatee

**Prepared by:** Mr CHENEL Jean Ashley

# MODERN COLLEGE

SUCCESS DEPENDS ON THE PROPER USE OF TIME

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## Introduction

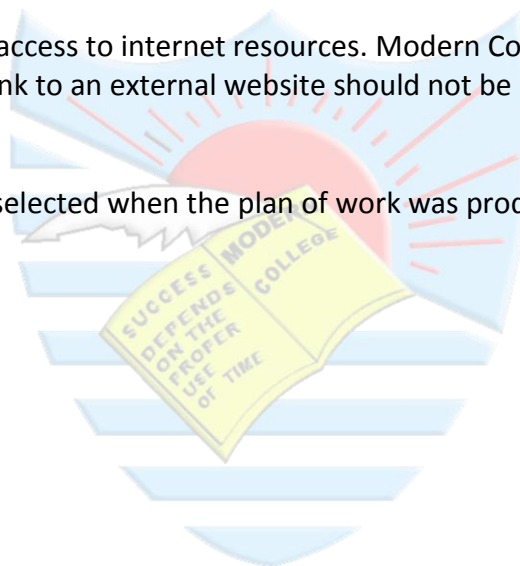
### Prescribed textbooks:

- Social & Modern Studies - Mauritius Institute of Education (Based on the NCF 2017 – Grade 7)

### Websites and videos

This plan of work includes website links providing direct access to internet resources. Modern College is not responsible for the accuracy or content of information contained in these sites. The inclusion of a link to an external website should not be understood to be an endorsement of that website or the site's owners (or their products/services).

The website pages referenced in this plan of work were selected when the plan of work was produced. Other aspects of the sites were not checked and only the particular resources are recommended.



## FIRST TERM [10/01/2025 – 11/04/2025]

### Unit 1: My Country & Myself

#### Topic 1: Our Islands

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Getting to know the islands forming part of the Republic of Mauritius and their characteristics.	Page 4, Activity 1.1	Page 6 & 7, Activity 1.2 Page 8, Activity 1.3	Go through an Atlas and try to identify all the Islands forming part of the Republic of Mauritius.	<ul style="list-style-type: none"> <li><b>Mauritius – Country Profile:</b> <a href="https://www.nationsonline.org/oneworld/mauritius.htm">https://www.nationsonline.org/oneworld/mauritius.htm</a></li> </ul>
b) Understanding the Exclusive Economic Zone (EEZ) of Mauritius.	Page 11, Activity 1.4 (Q1)	Page 11, Activity 1.4 (Q2, Q3)	Do research about the Goal 14 of the Sustainable Development Goals 2015 – 2030	<ul style="list-style-type: none"> <li><b>Introduction to Exclusive Economic Zone:</b> <a href="https://www.youtube.com/watch?v=R2luKaxeQvo">https://www.youtube.com/watch?v=R2luKaxeQvo</a></li> </ul>
c) Getting acquainted with the landscapes and natural environments of our islands.	Page 13, Activity 1.5	Page 14 & 15, Activity 1.6	Do research on other islands whose features were shaped by weathering and erosion.	<ul style="list-style-type: none"> <li><b>Mauritius- Towns &amp; Landscapes:</b> <a href="https://www.youtube.com/watch?v=vfuNDwmpudY">https://www.youtube.com/watch?v=vfuNDwmpudY</a></li> </ul>
d) Learning about and understanding the formation of our islands.	Page 18, Activity 1.7 Page 22, Activity 1.8	Page 24, Activity 1.9 Page 25, Activity 1.10 Page 27, Activity 1.11	Enrichment Activity: Page 17	<ul style="list-style-type: none"> <li><b>Formation of Volcanic Islands:</b> <a href="https://www.youtube.com/watch?v=RMtuTfAgAbo">https://www.youtube.com/watch?v=RMtuTfAgAbo</a></li> </ul>

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e) Understanding the natural processes of weathering and erosion.	Page 28, Activity 1.12	Page 28, Activity 1.12 (Cont.)	Enrichment Activity: Page 29	<ul style="list-style-type: none"><li><b>Weathering &amp; Erosion Basics:</b> <a href="https://www.youtube.com/watch?v=CNUzTmPKxv8">https://www.youtube.com/watch?v=CNUzTmPKxv8</a></li></ul>
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## Topic 2: Trade in the Indian Ocean: Migration and Settlement

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Using a timeline to understand trade in ancient times.	Page 32, Activity 2.2	Page 34, Activity 2.3 Page 35, Activity 2.4	Try doing a timeline on important events that happened during your lifetime.	<ul style="list-style-type: none"> <li><b>Merchants of the Ancient World:</b> <a href="https://www.youtube.com/watch?v=SQMlaw7oO20">https://www.youtube.com/watch?v=SQMlaw7oO20</a></li> </ul>
b) Learning about the past; Archaeology, archaeologist.	Page 37, Activity 2.5	Page 37, Activity 2.6	Try imagining how working as an archaeologist might feel and share your imagination with your classmates.	<ul style="list-style-type: none"> <li><b>What is Archaeology?</b> <a href="https://www.youtube.com/watch?v=FQtlqyv-IIA">https://www.youtube.com/watch?v=FQtlqyv-IIA</a></li> </ul>
c) Learning and recalling about the Arab traders in the Indian Ocean.	Page 41, Activity 2.7		Discuss & Share Activity, Page 37	<ul style="list-style-type: none"> <li><b>Indian Ocean Trade:</b> <a href="https://www.discovermagazine.com/technology/the-indian-ocean-a-maritime-trade-network-history-nearly-forgot">https://www.discovermagazine.com/technology/the-indian-ocean-a-maritime-trade-network-history-nearly-forgot</a></li> </ul>
d) Migration and settlement: 1) In Madagascar 2) The Arabs in the east coast of Africa	Page 43, Activity 2.8 Page 45, Activity 2.9	Page 46, Activity 2.10 Page 47, Activity 2.11		<ul style="list-style-type: none"> <li><b>What is Migration?</b> <a href="https://www.youtube.com/watch?v=zpXXvx1gCpU">https://www.youtube.com/watch?v=zpXXvx1gCpU</a></li> </ul>
e) Studying the European traders in the Indian Ocean.	Page 50, Activity 2.12 Page 53, Activity 2.13	Page 53, Activity 2.14	Read & Complete: Page 49	<ul style="list-style-type: none"> <li><b>Indian Ocean Trade:</b> <a href="https://www.youtube.com/watch?v=tvsvfeadr-dU">https://www.youtube.com/watch?v=tvsvfeadr-dU</a></li> </ul>

## Topic 3: Our Origins

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Learning about our ancestors and their places of origin.	Discussion in class	Page 59, Activity 3.1	Discuss & Share Activity, Page 57	<ul style="list-style-type: none"> <li><b>People of Mauritius:</b>  <a href="https://www.youtube.com/watch?v=8Ni-ZNQ6iYo">https://www.youtube.com/watch?v=8Ni-ZNQ6iYo</a> </li> </ul>
b) Understanding the main elements of culture.	Page 62, Activity 3.2	Page 63, Activity 3.3	Discuss & Share Activity, Page 60	<ul style="list-style-type: none"> <li><b>Elements of Culture:</b>  <a href="https://www.youtube.com/watch?v=HEPLT17OvY8">https://www.youtube.com/watch?v=HEPLT17OvY8</a> </li> </ul>
c) Recognizing our cultural heritage: 1) Its threats 2) Its preservation	Page 67, Enrichment Activity	Page 68, Activity 3.4 Page 69, Activity 3.5	Discuss & Share Activity, Page 61	<ul style="list-style-type: none"> <li><b>Cultural Heritage:</b>  <a href="https://www.youtube.com/watch?v=Sx4V77gtGGM">https://www.youtube.com/watch?v=Sx4V77gtGGM</a> </li> </ul>
d) Outlining the various changes in our culture.		Page 74, group work.	Discuss & Share Activity, Page 64	<ul style="list-style-type: none"> <li><b>Cultural Change:</b>  <a href="https://www.youtube.com/watch?v=Zxymuh9zTC8">https://www.youtube.com/watch?v=Zxymuh9zTC8</a> </li> </ul>
e) Understanding the concept of identity.	Discuss & Share: 1. What are the different aspects of our Mauritian identity?	Discuss & Share: 2. Share your ideas with your classmates.	Enrichment Activity, Page 65	<ul style="list-style-type: none"> <li><b>Identity Theory:</b>  <a href="https://www.youtube.com/watch?v=MUs_Y3z-I7c">https://www.youtube.com/watch?v=MUs_Y3z-I7c</a> </li> </ul>

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## April Assessment

Component	Time Allocation	Type	Maximum Mark
1	1 hour	Fill in the blanks/ Matching/ Multiple Choice/ True & False Activities	50

The assessment will consist of only one paper which will be on 50 marks. The total percentage for the April assessment shall be calculated based on those 50 marks. The question paper will be comprised of close tests questions, multiple choices questions and true or false activities.

All questions will be based on the topics covered in the first term as detailed out in the above plan of work.

Candidates are expected to cover the PROPOSED syllabus. Each paper may contain questions on any part of the syllabus and questions will not necessarily be restricted to a single topic.



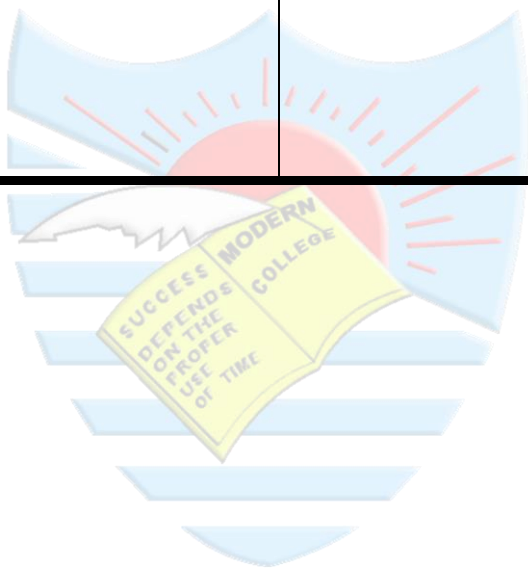
## SECOND TERM [28/04/2025 – 18/07/2025]

### Unit 2: Our Country, Our People

#### Topic 1: The Pioneers

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Getting to know the European colonists.	Page 80, Recall Activity 2.1	Page 83, Activity 2.2	Page 83, complete table.  Discuss & Share activity, Page 85	<ul style="list-style-type: none"> <li><b>History of Mauritius:</b> <a href="https://www.youtube.com/watch?v=TxeSjYPpHQE">https://www.youtube.com/watch?v=TxeSjYPpHQE</a></li> </ul>
b) Understanding the contribution of slaves and the abolition of slavery.	Page 86, Activities 2.3 & 2.4	Page 88, Activity 2.5	Discuss & Share Activity, Page 87	<ul style="list-style-type: none"> <li><b>Mauritius' Slavery Heritage:</b> <a href="https://www.youtube.com/watch?v=LEVcvLPaOE4">https://www.youtube.com/watch?v=LEVcvLPaOE4</a></li> </ul>
c) Learning about the arrival and purpose of immigrants	Class discussion	Page 90, Activity 2.6	Discuss & Share Activity, Page 92	<ul style="list-style-type: none"> <li><b>Indian Immigrants in Mauritius:</b> <a href="https://www.youtube.com/watch?v=iehrxeGizSY">https://www.youtube.com/watch?v=iehrxeGizSY</a></li> </ul>

## Topic 2: The Making of Modern Mauritius

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Learning about the making of modern Mauritius.		Page 97, Activity 2.7	Discuss with your elders and your teachers about Mauritian personalities you consider as important for our country.	<ul style="list-style-type: none"><li><b>Mauritius: African Success Story:</b> <a href="https://dash.harvard.edu/bitstream/handle/1/4450110/Frankel_MauritiusAfrican.pdf?sequence=1">https://dash.harvard.edu/bitstream/handle/1/4450110/Frankel_MauritiusAfrican.pdf?sequence=1</a></li></ul>

## July Assessment

Component	Time Allocation	Type	Maximum Mark
1	1 hour	Fill in the blanks/ Matching/ Multiple Choice/ True & False Activities/Structured Questions	50

The assessment will consist of only one paper which will be on 50 marks. The total percentage for the July assessment shall be calculated based on those 50 marks. The question paper will be comprised of close tests questions, multiple choices questions, true or false activities and structured questions.

All questions will be based on the topics covered in the first and second term as detailed out in the above plan of work.

Candidates are expected to cover the PROPOSED syllabus. Each paper may contain questions on any part of the syllabus and questions will not necessarily be restricted to a single topic.

## THIRD TERM [11/08/2025 – 31/10/2025]

### Unit 3: People, Places & Environment

#### Topic 1: Settlements in Our Islands

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Understanding the factors influencing settlement.	Page 102, Recall Activity 1.1	Page 104, Activity 1.2 Page 105, Activity 1.3	Page 106, Activity 1.4	<ul style="list-style-type: none"> <li><b>Settlement Patterns &amp; Functions:</b> <a href="https://www.youtube.com/watch?v=b-iETXFRIk">https://www.youtube.com/watch?v=b-iETXFRIk</a></li> </ul>
b) Learning about the characteristics of our settlements.	Page 107, Observe & Complete	Page 109, Activity 1.5 Page 110, Activity 1.6		<ul style="list-style-type: none"> <li><b>Mauritius History:</b> <a href="https://mauritiusattractions.com/mauritius-history-i-79.html">https://mauritiusattractions.com/mauritius-history-i-79.html</a></li> </ul>
c) Understanding urban and rural landscapes.	Page 112, Activity 1.7	Page 113, Activity 1.8	Page 112, Think Activity	<ul style="list-style-type: none"> <li><b>Urban, Suburban &amp; Rural communities:</b> <a href="https://www.youtube.com/watch?v=YRxNQpmj1-8">https://www.youtube.com/watch?v=YRxNQpmj1-8</a></li> </ul>
d) Knowing the changes in settlement.	Discussion in class	Page 115, Activity 1.8		<ul style="list-style-type: none"> <li><b>Mauritius History:</b> <a href="https://mauritiusattractions.com/mauritius-history-i-79.html">https://mauritiusattractions.com/mauritius-history-i-79.html</a></li> </ul>
e) Learning about the settlements in Rodrigues and in Agalega	Discussion in class	Page 116, Activity 1.10	Page 117, Find Out Activity	<ul style="list-style-type: none"> <li><b>Agalega Islands:</b> <a href="https://www.youtube.com/watch?v=IPGioUB9G0U">https://www.youtube.com/watch?v=IPGioUB9G0U</a></li> </ul>

## Topic 2: Natural Resources

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Knowing the various natural resources that our environment provides us with.	Discussion and recall activity	Page 112, Activity 2.1		<ul style="list-style-type: none"><li><b>Natural Resources:</b> <a href="https://www.youtube.com/watch?v=X0Wb8eL2ByM">https://www.youtube.com/watch?v=X0Wb8eL2ByM</a></li></ul>
b) Understanding the Sustainable Development Goals.	Page 124, Activity 2.2 Page 125, Activity 2.3	Page 126, Activity 2.4 Page 127, Activity 2.5	Page 122, Group-work.	<ul style="list-style-type: none"><li><b>What is Sustainable Development:</b> <a href="https://www.youtube.com/watch?v=7V8oFI4GYMY">https://www.youtube.com/watch?v=7V8oFI4GYMY</a></li></ul>

## Topic 3: Water: An Important Natural Resource in Our Islands

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
a) Learning about the water supply in Mauritius and the economic activities associated to it.	Page 132, Activity 3.1 Q1	Page 132, Activity 3.1 Q2	Page 131, Enrichment Activity.	<ul style="list-style-type: none"> <li><b>Mauritius: Protecting &amp; Monitoring a Vital Groundwater Resource:</b>  <a href="https://www.youtube.com/watch?v=Fd9rmyva9EI">https://www.youtube.com/watch?v=Fd9rmyva9EI</a> </li> </ul>
b) Getting acquainted with the situation of water in Rodrigues.	Page 134, Activity 3.2 Q1	Page 134, Activity 3.2 Q2, Q3	Do research about the actual situation of water management in Rodrigues.	<ul style="list-style-type: none"> <li><b>Water Resources Management &amp; Development:</b>  <a href="http://chiefcomm.rra.govmu.org/English/sidpr/Documents/Full%20report/8sipdr.pdf">http://chiefcomm.rra.govmu.org/English/sidpr/Documents/Full%20report/8sipdr.pdf</a> </li> </ul>
c) Understanding water and the production of hydroelectricity.	Page 137, Activity 3.3 Q1, Q2	Page 137, Activity 3.3 Q3, Q4, Q5	Discuss & Share Activity, Page 138	<ul style="list-style-type: none"> <li><b>Generating Electricity from Water Flow:</b>  <a href="https://www.youtube.com/watch?v=CAiZJrfYQ8Y">https://www.youtube.com/watch?v=CAiZJrfYQ8Y</a> </li> </ul>

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d) Learning about water and the emergence of ancient civilisations	Page 142, Activity 3.4		Discuss & share: How has the availability of water and the beginning of agriculture transformed the lifestyle of our societies?	<ul style="list-style-type: none"><li>• <b>Water &amp; Classical Civilizations:</b> <a href="https://www.youtube.com/watch?v=rP54LFFSZ1Q">https://www.youtube.com/watch?v=rP54LFFSZ1Q</a></li></ul>
e) Realizing the impact of water in our society and its scarcity.		Page 145, Activity 3.5	Discuss & Share Activity, Page 143	<ul style="list-style-type: none"><li>• <b>Water Scarcity:</b> <a href="https://www.youtube.com/watch?v=pgcWf27Op-I">https://www.youtube.com/watch?v=pgcWf27Op-I</a></li></ul>

## October Assessment

Component	Time Allocation	Type	Maximum Mark
1	1hr 30 mins	Fill in the blanks/ Matching/ Multiple Choice/ True & False Activities/ Structured Questions	75

The assessment will consist of only one paper which will be on 50 marks. The total percentage for the October assessment shall be calculated based on those 50 marks. The question paper will be comprised of close tests questions, multiple choices questions, true or false activities and structured questions.

All questions will be based on the topics covered in the first, second and third term as detailed out in the above plan of work.

Candidates are expected to cover the PROPOSED syllabus. Each paper may contain questions on any part of the syllabus and questions will not necessarily be restricted to a single topic.